

Ladies in Training (LIT) 2019-2020 Program Application

LIT was designed to empower girls to reach their fullest potential through skill building, mentoring, and self-discovery. Our goal is to connect our young ladies with as many community resources and women as possible throughout their LIT journey. These connections will be instrumental in the growth and development of our young ladies as they navigate through the many twists and turns that life will bring.

The program requires a yearlong commitment from both the parent and student. Upon completion of the Retreat, the young ladies will meet monthly from September- June.

The 2019 LIT Retreat will be held July 22nd-July 26th

Name _____ Age _____ Date of Birth _____
Phone # _____ Email: _____
Address _____

Street City State Zip

Grade Entering _____ School _____ T-Shirt Size _____

Parent/Guardian Name _____ Phone Number _____

Emergency Contact Information

1) Person to contact in case of emergency _____

Relationship to person _____ Phone# _____

2) Person to contact in case of emergency _____

Relationship to person _____ Phone# _____

How did you hear about the LIT program? _____

Check areas of interests:

Art		Sports		Hair/Make up	
Fashion		Reading		Cooking/Baking	
Music		College Prep		Technology/Social Media	

Check career interests:

Education/ Social Work		Medical		Business	
Legal		Culinary		Cosmetology	
Technology		Art related Fields		Engineering	

Please tell us about any volunteer /work experience, extra-curricular activities, or community programs that you participate in:

Please select answer both of the essay questions below and using no more than 500 words.

What accomplishment are you most proud of and why?

What are three major issues that young people face today?

Photo Release

I agree to allow the Neighborhood Center of the UMC to use any photographic images or videos of my daughter while participating in the Ladies in Training program. These images may be used in promotions or other related marketing materials.

Parent/Legal Guardian Signature _____ Date _____

Permission to Participate & Travel

I give permission for my daughter to participate in Ladies in Training at the Neighborhood Center. I give permission for my daughter to be transported by Neighborhood Center staff during her participation in the program. In the event of injury, I release Neighborhood Center from any claim.

Parent/Legal Guardian Signature _____ Date _____

By signing this application, I understand that in order to successfully complete the LIT program I can only miss 2 of the monthly workshops and that I must attend all 5 days of the opening retreat. Upon successful completion of the LIT program, program participants will be able to apply for scholarships to support extra-curricular activities.

Applicant Signature _____ Print: _____ Date _____

Parent/Legal Guardian Signature _____ Print: _____ Date _____